

MIXER'S SANDWICH FUN!



Monster crunch



Eyes: sliced boiled egg and olive

Nose: cherry tomato

Hair: carrot sticks

Mouth: red pepper

Main sandwich: wholemeal sliced bread with houmous and grated carrot filling

Yummy!



Crazy crab



Eyes: low-fat cream cheese and black olive

Legs: cucumber sticks

Head: half a large tomato

Main sandwich: wholemeal roll with low-fat cheese and tomato filling

Flower power



Centre: cherry tomato

Leaves: lettuce leaves

Stem: cucumber sticks

Petals: red pepper

Main sandwich: wholemeal sliced bread with low-fat cream cheese, cut into the shape of a flower

Fish food

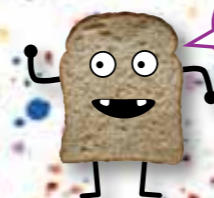


Tail: lettuce leaves

Fins: cucumber slices

Main sandwich: wholemeal sliced bread with boiled-egg slices and sliced tomato filling

Eye: sliced boiled egg and black olive



Uhhmm!

Hungry house



Roof: red pepper

Windows: carrot and cucumber

Grass: lettuce leaves

Door: low-fat cheese and black olive

Main sandwich: wholemeal sliced bread with chicken and lettuce filling

Flower: sliced boiled egg and black olive

Peter pig



Ears: cucumber slices

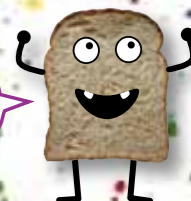
Eyes: sliced radish and black olive

Nose: low-fat cheese and black olive

Grass: lettuce leaves

Main sandwich: wholemeal sliced bread with sliced tomato and tuna sweetcorn mix filling

Yummy!



Have some fun making these tasty sandwiches. Or choose one of our healthy fillings and make your own!