Mixer makes

Potato faces

YOU NEED:

• an adult to help you • 1 large baking potato for each person (1 potato makes 2 faces) • a fork • a knife • low-fat cream cheese • pesto

and some of these: • carrot sticks • cherry tomatoes • slices of cucumber

- peas some sweetcorn baked beans red pepper green pepper
- radish olives green, black and stuffed grated cheese alfalfa sprouts



First prick the potatoes with a fork. Then, ask an adult to bake them in a hot oven (220°C, 425°F or Gas Mark 1) for about an hour or until a fork will easily go through the potato.



Ask the adult to cut the cooked potatoes in half longways.

Let the potatoes cool down a little then try out some of these faces – or make up your own!



