

My favourite colour

by Mixer

O is for... orange!

Orange plant foods are oh so delicious!



Satsumas usually have a loose skin, which is easy to peel.

Chilli peppers are members of the capsicum family.

Marvellous mango is a tropical fruit which grows on big leafy trees.

This grapefruit is pink and juicy on the inside.

Pumpkin grows on a vine and the ground.

Make raw dipping sticks out of these orange peppers.

Turmeric adds flavour and colour to curries and stews.

The physalis is a fruit from the nightshade family.

Peaches feel like velvet!

The part of the sweet potato we eat is called a tuber and it grows underground.

You can eat these papaya seeds. They taste spicy!

Carrots are related to parsley.

Butternut squash has a golden brown skin that we don't eat.

Orange rind can be used in dishes for extra flavour.

Sharon fruit is another name for the sweet fruit, kaki persimmon.

Why did the orange stop rolling down the hill?

Because it ran out of juice!

Can you think of any orange plant foods that aren't on this page?