

Grow a

bean plant



You need: • a broad bean seed • a saucer • some water • a glass jar • a piece of kitchen roll or a napkin

1 Soak the broad bean seed in some water on a saucer for one hour.



2 Swirl some water around in your jar then tip it out but leave the jar wet - don't dry it.



3 Roll up a piece of kitchen roll or a napkin and put it inside the jar, pressing it against the glass. Then, slip your bean seed in between the napkin and the glass.



4 Stand your bean on a sunny windowsill and use a plant spray or spoon to sprinkle a little water on it every day.



5 Your bean should sprout after about 4 days.



6 After about 10 days, your bean seed should have grown roots, a stem and leaves!

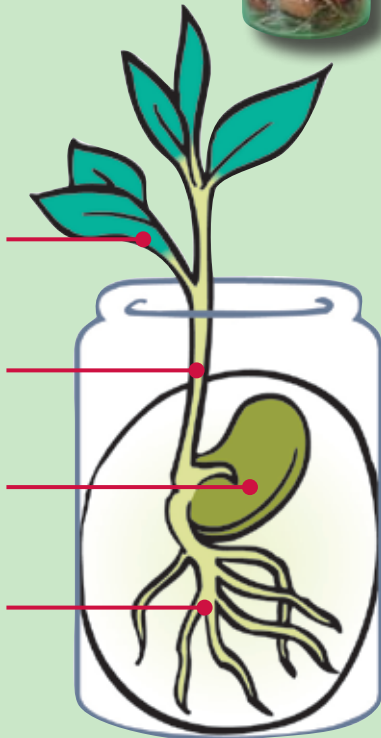


leaf

stem

seed

root



For broad bean plants to carry on growing and produce beans for you to eat, they need nutrients from soil - so plant your sprouted bean in a pot of compost and water it often.

You could keep a diary - draw a picture of your plant each day!

