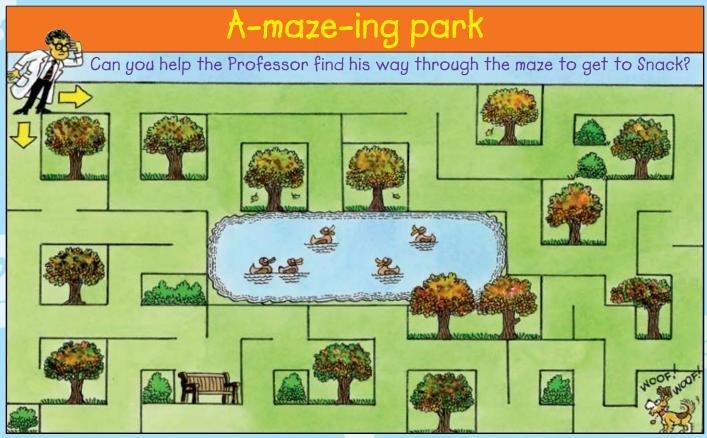
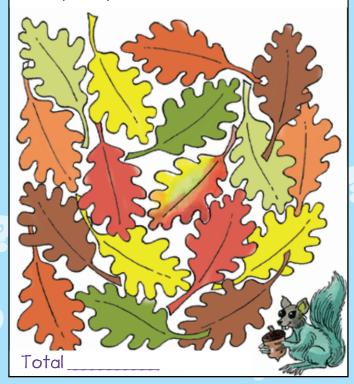
Profes Puzzles &





Help the squirrel count how many leaves have fallen from the tree.



True or false

Use ticks or crosses to say whether these sentences are true or false. Check your answers in the magazine.



Fruit juice counts?

as one portion
of your 5A DAY.



Frozen fruits and vegetables don't count towards your 5 A DAY.



I should be active for at least 60 minutes every day.



I should eat at least 5 portions of fruit and vegetables per day.

