

# DECORATE PLANT POTS

with Olivia



Eating lots of plant foods helps us to be healthy. Decorate your own plant pot!



You will need:

- plant pot (earthenware or plastic)
- brightly coloured acrylic paint
- PVA glue
- paintbrushes
- newspaper

Lay out some newspaper before you begin. Painting can be messy!



1



First, mix some paint with a bit of PVA glue. Then paint the pot all over in one colour. You might need to do two coats.



2



When the pot is dry, carefully paint on your design. Now leave the painted pot to dry completely.

Why not paint more than one pot? Have fun trying lots of different designs.

## Fruits and vegetables you can grow in a pot



lettuce leaves



tomatoes



carrots



strawberries



radishes

3



Finally, put a herb plant in the pot, or fill it with soil and plant some seeds. Try growing your own fruits and vegetables!